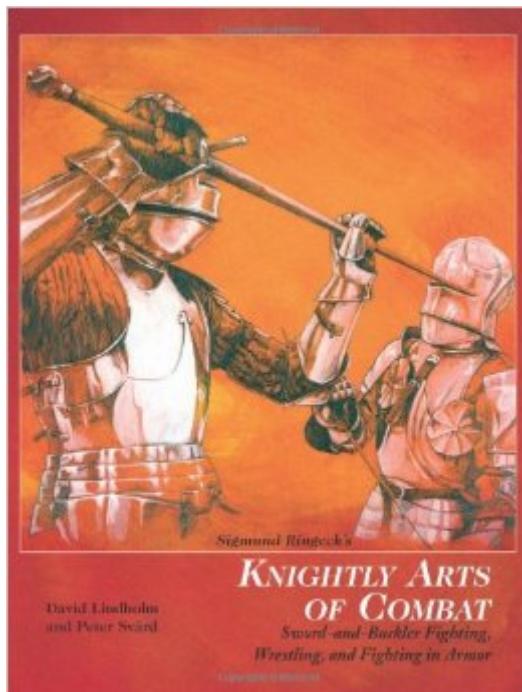


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# Sigmund Ringeck's Knightly Arts Of Combat: Sword And Buckler Fighting, Wrestling, And Fighting In Armor



## Synopsis

The lessons of influential 15th-century fencing master Sigmund Ringeck are brought to life once again by David Lindholm and Peter SvÄrd, the duo behind Sigmund Ringeck's Knightly Art of the Longsword. This lavishly illustrated companion to Longsword examines Ringeck's instruction on fighting with the sword and buckler, fighting in armor with longsword and spear, and wrestling. These disciplines and more are fully explained both by Ringeck's text (offered in the original old German as well as the authors' English translation) and detailed captions for the step-by-step illustrations. The timeless works of Ringeck, who is best known for his interpretations of the teachings of grand master Johannes Liechtenauer, offer a rare opportunity to experience a firsthand account of this important period in the development of the Western martial arts. This book will be treasured by aficionados of the medieval arts of combat for generations to come. Foreword by John Clements.

## Book Information

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## Customer Reviews

When we think of martial arts we too often focus on styles from Asia, but there is a highly developed and effective martial heritage originating in Europe. In Sigmund Ringeck's "Knightly Arts of Combat", David Lindholm and Peter SvÄrd present a portion of our European Martial Arts heritage. Knightly Arts of Combat offers instruction in:> Sword and buckler fighting> Wrestling, both while wearing armor, and while dressed in normal clothing> Spear> Sword against spear> Openings on a man in armorKnightly Arts of Combat includes the original German language text of Sigmund Ringeck as

well as translation and extensive commentary by Lindholm and Svard. While the techniques of sword and buckler, and the techniques of the spear are not particularly useful for defense in the modern world, these techniques do develop speed, strength and dexterity. The wrestling techniques taught in the Knightly Arts of Combat, however, are clearly applicable to self-defense on the streets of today's cities. I enjoyed Knightly Arts of Combat both from its historical perspective, and because I was able to learn new techniques of combat and personal self-defense. Knightly Arts of Combat is highly recommended both to the student of European history and the student of martial arts.

The work gives a generally broad and encompassing overview of Western "Knights Arts of Combat". The work does not focus tremendously on the use of the Longsword in unarmored combat, so may not be best for those just beginning, but is a very valuable asset to any collection simply for the detail and knowledge within. The information is well presented and clearly explained.

David Lindholm and Peter SvÃ¶rd have done a fine job of putting this book together. I rank this right up there with Tobler and Wagner. Well done.

I was a bit disappointed in this book overall. Illustrations are very useful, however there are times where their progression doesn't feel quite as logical to me as some others. Many of these movements can be extrapolated by thinking logically, but for a beginner it can be quite confusing at times. I'd have liked to see a little more history of the techniques as well, but in some ways it feels like the author did more research than he showed in this text and couldn't quite decide his intended audience. I'd recommend this to people who have the basics down and want to extrapolate into other techniques, not as a stand alone text.

I found this book is very useful for this student of fighting arts. its very easy to understand and I learned new ways to toapply my skills with weapons when fighting in armor very well done

Initially I was very excited by this book. It is well laid out and organized with clear illustrations of the techniques. However, on closer inspection it became apparent the authors took great liberties with their interpretation of the material, often times veering wildly from the source material. This is especially true of the Sword and Buckler material (which although attributed here to Ringeck is actually the work of Andres Lignitzer). The fighters are often depicted with wide open targets and in some cases the technique described/illustrated has no similarity to the source material at all. For

anyone seriously interested in HEMA (Historical European Martial Arts) give this one a pass. Do some research and find a better, more recent interpretation. That's my plan.

I bought it for sword and buckler. That is a small part of it. It is primarily about techniques for plate armor combat. The illustrations are good but I thought the amount of material presented was not great.

I give this book a 5 out of 5 because it is a well illustrated, well written comprehensive description of a martial tradition of Medieval Germany. They even had the original descriptions by Sigmund Ringeck in German. The only thing I would've liked more is if it had more sword and buckler; but I am content with this book. A awesome read for any martial artist or re-enactor. Or just for fun.

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